

Mary T. Meagher Aquatic Center
 201 Reservoir Avenue
 Louisville KY 40206
 phone 502/897-9949
 fax 502/897-2549
 email parks@louisvilleky.gov
 web metro-parks.org

MARY T. MEAGHER Aquatic Center SCHEDULE

WINTER/ SPRING 2015

January 5
 -
 May 26

 METRO PARKS
 AND RECREATION

Mary T. Meagher Aquatic Center
 201 Reservoir Avenue
 Louisville KY 40206

Greg Fischer
 Mayor
 Louisville Metro Council

 METRO PARKS
 AND RECREATION



About the Facility

Mary T. Meagher Aquatic Center

201 Reservoir Avenue
Louisville KY 40206

phone 502/897-9949
fax 502/897-2549
email parks@louisvilleky.gov
web metro-parks.org

Hours

Mon-Fri: 5 a.m.-9:15 p.m.
(pool closes at 9 p.m.)
Sat: 9 a.m.-6 p.m.
(pool closes at 6 p.m.)
Sun: closed

Facility and Park Amenities

The Mary T. Meagher Aquatic Center facility includes:

- Olympic (50 meter) 11-lane competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course - 9 holes
- Louisville Water Company Reservoir - 0.75 mile walking path

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Birthday parties
- Pre-competitive training
- Aqua therapy classes
- Dive-in movie
- Swim lessons for all ages
- Arthritis and deep water classes

Lockers are available for rental per day, or you may bring your own lock.

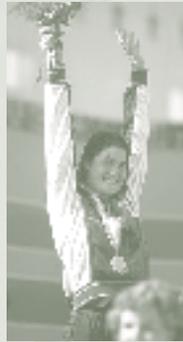
STAFF

Scott Risinger Aquatics Manager scott.risinger@louisvilleky.gov
Keith Smith Aquatics Supervisor keith.smith@louisvilleky.gov
Lesla Settle Head Lifeguard lesla.settle@louisvilleky.gov
Susan Mahoney Information Specialist • General Questions susan.mahoney@louisvilleky.gov
Yolanda Allen Administrative Clerk yolanda.allen@louisvilleky.gov
 Hammerheads Swim Team Coach hammerheadscoach@gmail.com

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100M and 200M) and in the 4x100M medley relay. In 1988, by then past her prime, she earned a bronze in the 200M butterfly and a silver in the medley 4x100M relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow Olympics. She was world champion in 1982 over 100M and in 1986 over 200M. She set two world butterfly records over 100M, and five over 200M, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100M, and 2:05.96 for 200M. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.

© olympic.org



Lifeguard Training

There is no cost for lifeguard training if the participant can work for Metro Parks during the 2015 summer season. If they can't, the fee is \$200. All sessions held at the Mary T. Meagher Aquatic Center. Classes may be combined if class size requirements are not met. Call to preregister.

To become a certified lifeguard in Louisville Metro, you must be 16 years old and hold current certification in Lifeguard/First Aid Training, CPR for the Professional Rescuer, and the Jefferson County Board of Health Guard Course.

You must attend all scheduled classes in a Lifeguard/First Aid session; no make up dates are available. Each session will include lifeguarding, first aid, CPR/PR and Board of Health training. No refunds given for any reasons.

Session I	Mon (no class Jan 19)	Jan 5-Feb 9 • 4-9 p.m.	\$200
Session II	Sat (no class Feb 21)	Feb 7-Mar 7 • 9 a.m.-5 p.m.	\$200
Session III	Thu (no class Apr 2, 9)	Mar 5-Apr 16 • 4-9 p.m.	\$200
Session IV	Mon, Tue, Wed, Thu, Fri (Spring Break)	Apr 6-10 • 9 a.m.-5 p.m.	\$200
Session V	Sat (no class Apr 11, 18)	Mar 21-Apr 25 • 9 a.m.-5 p.m.	\$200
Session VI	Tue, Wed, Thu, Fri, Sat (9-12)	May 26-30 • 4-9 p.m.	\$200
Session VII	Mon, Tue, Wed, Thu, Fri	June 1-5 • 4-9 p.m.	\$200
Session VIII	Mon, Tue, Wed, Thu, Fri	June 8-12 • 9 a.m.-5 p.m.	\$200



The ideal job for students!

Only a few hours each week and there's still plenty of time left to study.

Learn life-saving skills that you can use throughout your lifetime!



Saturday Stroke School

A class for advanced swimmers who have a basic knowledge of strokes and want to improve. Class is limited to 10 students for session.

There are no makeup classes unless the Center must cancel a class. No refunds given for any reasons.

Session I Freestyle/Backstroke

Sat, May 99-10 a.m. \$50
10-11 a.m. \$50

Session II Fly/Breaststroke

Sat, May 169-10 a.m. \$50
10-11 a.m. \$50



Hours / Membership

Lap Swim and Weight Room Hours

Mon-Fri 5 a.m.-9:15 p.m.
(pools close at 9 p.m.)
Sat 9 a.m.-6:15 p.m. (pools close at 6 p.m., no evening Rec Swim)
Sun Closed

Recreational Swim Hours

Mon-Thu Noon-3:30 p.m.
Fri 7-9 p.m.
Sat Noon-6 p.m.

Specified lanes may be used for non-lap swim

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

Fees

Children (3-12) \$3
Adults (13 and older) \$5.50
Senior Card \$48

Seniors (60 and older) \$4.50
Therapy Pool Only \$3.50 (1 hour maximum per visit; you must have doctor's consent form on file)

12-Visit Lap Swim/Weight Room Punch Card Adults \$60 • Children \$30

Memberships

Monthly Pass Yearly Pass
Individual\$45 Individual\$355
Family*\$75 Family*\$520
Senior Passes • Patrons 60 and older
Monthly Pass Yearly Pass
Individual\$38.50 Individual\$320
Family*\$55 Family*\$470

All-inclusive Yearly Memberships

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

Individual\$555
Family\$720
Senior Family\$670
Senior Individual\$520

* Family members must all live in the same household

Please check posted lane assignments for lane availability!

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.



Holidays / Closings

Swim Meets

February 20, 21, 22
March 13, 14, 15

Limited lap lanes, limited parking, no Recreation Swim.

Closed

Thu, January 1 • New Year's
Mon, January 19 • Martin Luther King, Jr. Day
Sat, May 2 • Kentucky Derby
Mon, May 25 • Memorial Day

Please remember that if JCPS is closed due to weather, the center will not have class that day!



Aqua Exercise

Mondays, Wednesdays and Fridays

- 7-8 a.m. Deep Water Class*
- 8-9 a.m. Deep Water Class
- 8-9 a.m. Aqua Exercise (Monday & Wednesday only)
- 9-10 a.m. Cardiac Class (Monday & Wednesday only)
- 9-10 a.m. Aqua Exercise

AEROBIC ROOM

10-11 a.m. Silver Sneakers (Monday only)
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 11 a.m.-Noon Aqua Exercise
- 5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)
- 6:30-7:30 p.m. Deep Water* (Monday & Wednesday only)

Tuesdays and Thursdays

- 7-8 a.m. M.S. and related conditions
- 8-9 a.m. Aqua Exercise

9 a.m. Aqua Splash (Silver Sneakers class, Tuesday only)

- 9-10 a.m. Pre- and Post-Natal Class (Thursday only)
- 9-10 a.m. Aqua Exercise

AEROBIC ROOM

10-11 a.m. Silver Sneakers
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 10-11 a.m. Deep Water (Thursday only)

2:30 p.m. Aqua Splash (Silver Sneakers class, Thursday only)

Saturdays

- 11 a.m.-Noon Deep Water*
- 11 a.m.-Noon Aqua Exercise

**Please shower
before entering
the pools, and
lock your locker!!!**

Fees for Aqua Exercise Classes held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second class on the same day for only \$1!

*Participants must be comfortable in deep water.



Birthday Parties

Available during Recreational Swim hours!

Mary T. Meagher Aquatic Center will provide:

- Certified Lifeguards
- 1-Meter Diving Board
- Water Basketball

You may bring:

- Food
- Birthday cake
- Decorations, etc.

Please do not bring glass containers or confetti. Alcohol is not allowed.

Friday Parties

The pool opens at 7 p.m. and closes at 9 p.m. All visitors must be out of the facility by 9:15 p.m.

Party Room

7-9 p.m. • \$6/swimmer

Deck Party

7-9 p.m. • \$5/swimmer



Saturday Parties

Saturday parties are 2 hours only. Please have your area cleaned up no later than 15 minutes after your party has ended.

Party Room

Noon-2 p.m. • \$6/swimmer
3-5 p.m. • \$6/swimmer

Deck Party

Noon-2 p.m. • \$5/swimmer
3-5 p.m. • \$5/swimmer

Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party).

A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

*Children age 2 and under will be charged for reserved birthday parties.



Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no make-up classes, unless the Center must cancel a class. No refunds will be given, for any reasons.

Level 1 Parent and child together • An introduction to the water as well as swimming and recovery skills.
6-12 months

Level 2 Parent and child together • Improve fundamental swimming and recovery skills. Level 1 prerequisite.
12 months & older

Level 3 Parent and child together • Improve fundamental swimming and recovery skills. Some independent swimming is encouraged. Level 2 prerequisite.
1-3 years

TUE Mar 17-Apr 28 (no class Apr 7).....6-6:30 p.m. 6 Lessons.....Level 1 \$39
6:30-7 p.m. 6 Lessons.....Level 1 \$39

THU Mar 19-Apr 30 (no class Apr 9).....6-6:30 p.m. 8 Lessons.....Level 2..... \$39
6:30-7 p.m. 6 Lessons.....Level 3..... \$39



Therapy Pool Schedule

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Open Time	Swim Lessons
11 a.m.	CLOSED	Open Time	Water Walking	Open Time	Pilates 11:15	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time†	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Open Time	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day-or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.



Weekday Swim Lessons

WEEKDAY LESSONS

Lessons meet once weekly. Register participants based on their ages and the skill levels on page 7. All swim classes are also offered on Saturdays.

PRESCHOOL • 3 to 5 years old • Therapy Pool

SESSION 1: Mondays, Mar 16-Apr 27 (no class Apr 6)
(6 classes) • FEE: \$39
6-6:30 p.m. Levels 1 & 2
6:40-7:10 p.m. Levels 2 & 3

CLASS SIZE
IS LIMITED
TO 6
STUDENTS
PER
INSTRUCTOR

Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1 to 3 taught.

GRADE SCHOOL • 6 to 14 years old • Olympic Pool

SESSION 1: Mondays, Mar 16-Apr 27 (no class Apr 6)
(6 classes) • FEE: \$39
6-6:30 p.m. Levels 1 & 2
6:40-7:10 p.m. Levels 2 & 3

CLASS SIZE
IS LIMITED
TO 6
STUDENTS
PER
INSTRUCTOR

These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner. See Red Cross levels on page 7 in order to place your child in an appropriate class. Levels 1 to 3 taught.

ADULTS • 15 years and older • Olympic Pool

SESSION 1: Mondays, Mar 16-Apr 27 (no class Apr 6)
(6 classes) • FEE: \$42
7:20-8 p.m. Levels 1 & 2

CLASS SIZE
IS LIMITED
TO 6
STUDENTS
PER
INSTRUCTOR

Instructors work with adults of all ages and abilities to develop goals and increase personal safety. Whether you are just learning to swim, are a little nervous around water, or are training for a triathlon, our staff can help!

No refunds will be given, for any reason. There will be no make up classes unless the Center must cancel a class. We are sorry for any inconvenience.



Saturday Swim Lessons

MARCH 7-APRIL 25 (no class Mar 14, Apr 4)

Lessons meet once weekly. Register participants based on their ages and the skill levels on page 7.

BABY SPLASH • 6 months to 3 years old

8:30-9 a.m. 6 classes Level 3 \$39
9:30-10 a.m. 6 classes Level 2 \$39
10:30-11 a.m. 6 classes Level 1 \$39

CLASS SIZE
LIMITED TO 6
STUDENTS PER
INSTRUCTOR

PRESCHOOL • 3 to 5 years old

9-9:30 a.m. 6 classes Level 1, 2 & 3 \$39
10-10:30 a.m. 6 classes Level 1, 2 & 3 \$39

CLASS SIZE
LIMITED TO 6
STUDENTS PER
INSTRUCTOR

GRADE SCHOOL • 6 to 14 years old

9:40-10:20 a.m. 6 classes Level 1 & 2 \$42
11:10-11:50 a.m. 6 classes Level 2 & 3 \$42

CLASS SIZE
LIMITED TO 6
STUDENTS PER
INSTRUCTOR

ADULTS • 15 years and older

Noon-12:30 p.m. 6 classes Level 1, 2 & 3 \$42

CLASS SIZE
LIMITED TO 6
STUDENTS PER
INSTRUCTOR

No refunds will be given, for any reason.
There will be no make up classes unless the Center must cancel a class.
We are sorry for any inconvenience.