

Adapted Leisure Activities

2305 Douglass Blvd #3 40205 • 502/456-8148 • metro-parks.org • aleisure@louisvilleky.gov

SUMMER 2015

All Adapted Leisure programs are limited in size, so please call or visit the center early to reserve your place. If you make a cancellation less than 48 hours before a program you are still responsible for class fees.

REALLY SPECIAL EVENTS

Crazy Shirt Dance

Sat, June 20, 7-9 p.m.

Douglass Community Center. Gym. Ages 18 and older.

FEE: \$5. Call to preregister.

ALA Dance: Cowboy

Sat, July 11, 7-9 p.m.

Douglass Community Center. Ages 18 and older.

FEE: \$5. Call to preregister.

Celebration of the Americans With Disabilities Act 25th Anniversary

Sun, July 19, 2-4 p.m.

Shawnee Park, 4501 West Broadway 40211. Activities, games, adapted sports demonstration, food and fun! Call for more info.

FREE!

Wild Hair Dance

Sat, August 22, 7-9 p.m.

Douglass Community Center. Ages 18 and older.

FEE: \$5. Call to preregister.

HEALTH AND WELLNESS

BEEP Baseball

Wed, June 3, 10, 17, and July 1, 8, 15, 22, 29, August 5, 12, 19, 26, 6:30 -7:30 p.m.

Douglass Community Center
Ages 16 and Over

FREE! Call to preregister.

Aqua Exercise

Thu, June 4, 11, 18, 25, July 2, 9, 16, 23, 30, August 6, 13, 20, 27, 1-2 p.m.

Mary T. Meagher Aquatic Center,
201 Reservoir Ave.
Ages 18 and older.

FEE: \$20/session or \$2/week

Intermediate Archery

Thu, June 4, 11, 18, 25 July 2, 9, 16, 23, 30, August 6, 13, 20, 27, 1-2 p.m.

Douglass Community Center
Gym. For those who have had a beginners class. Ages 18 and older.

FEE: \$10/session

Healthy Lifestyles

Mon, June 8, 15, 22, 29, July 6, 13, 20, 27, August 3, 10, 17, 24, 31, 1-2 p.m.

George Clark Park thru June and July. Douglass Community Center starting August 3.
Ages 18 and older.

FREE!

Square Dance Lessons

Mon, June 8, 15, 22, 29, July 6, 13, 20, 27, August 3, 10, 17, 24, 31, 6:30-8:30 p.m.

Douglass Community Center.
Ages 18 and older.

FEE: Call for cost

Open Wheelchair Basketball

Mon, June 8, 15, 22, 29, July 6, 13, 20, 27, August 3, 10, 17, 24, 31, 6-7:30 p.m.

Douglass Community Center.
Ages 16 and older.

FREE!

Derby City Junior Mustangs

Wed, June 10, 24, July 15, 22, 6:30-8 p.m. • Sat, August 15, 9:30 a.m.

Wheelchair basketball. Douglass Community Center. Ages 8 -16.

FREE!

Derby City Mustangs

Mon, August 3, 10, 17, 24, 31, 7:30-9 p.m.

Adult wheelchair basketball practice.

FREE!

Pickelball

Mon, August 3, 10, 17, 24, 31, 2-3 p.m.

Douglass Community Center.
Ages 18 and older.

FREE!

Stroke Support with Frazier Rehab

Wed, August 19, 12-1:30 p.m.

Douglass Community Center.
Call for a list of speakers. Ages 18 and older.

FREE!

JUST FOR FUN

Bowling Fridays

Fri, June 5, 12, 19, July 10, 17, 24, August 7, 14, 21, 28, 10 a.m.-Noon

Fern Bowl, 5518 Bardstown Rd.
Ages 18 and older.

FEE: \$52/session or \$6/week

Original Fun and Games

Tue, June 9, 16, 23, 30, July 7, 14, 21, 28, August 4, 11, 18, 25, 1:30-2:30 p.m.

Douglass Community Center.
Ages 18 and older. Call for events.

FEE: \$1/week or \$10/session

Grab Bag Night: Pictionary

Tue, June 16, 6-8 p.m.

Douglass Community Center.
Ages 16 and older.

FREE!



LOUISVILLE



ON FACEBOOK:
Louisville Metro Parks Adapted Leisure

CENTER HOURS

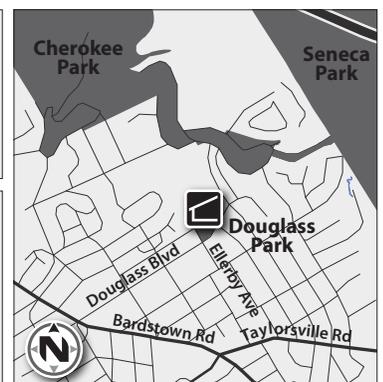
Tuesday-Thursday: 10 a.m.-9 p.m. •
Friday: 9:30 a.m.-6 p.m. •
Saturday: 8:30 a.m.-4 p.m.

CENTER STAFF

Manager: BJ Levis • Brent Priddy,
Diane Harrod, Joseph Blankenship,
James Williams, Wayne Kuchenbrod,
Steven Kuchenbrod, Mike Herbst

CENTER AMENITIES

Game Room • Gymnasium • Outdoor
Court • Rental Space • Weight Room



METRO PARKS
AND RECREATION

Adapted Leisure Activities

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SUMMER 2015

Wii Bowling

Tue, June 23, July 21, August 25, 6-7:30 p.m.

Douglass Community Center.
Ages 18 and older.

FREE!

ALA Fun Night: Bingo

Wed, June 24, 6-8 p.m.

Douglass Community Center.
Ages 16 and older.

FREE!

Girl Talk: Journaling

Thu, June 25, 6-7:30 p.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Grab Bag Night: Yahtzee

Tue, July 14, 6-8 p.m.

Douglass Community Center.
Ages 16 and older.

FREE!

Girl Talk: Making Dessert

Thu, July 23, 6-7:30 p.m.

Douglass Community Center.
Ages 18 and older.

FREE!

ALA Fun Night: UNO Club

Wed, July 29, 6-8 p.m.

Douglass Community Center.
Ages 16 and older.

FREE!

ALA Fun Night: Bingo

Wed, August 26, 6-8 p.m.

Douglass Community Center.
Ages 16 and older.

FREE!

LEARNING AND SPECIAL INTEREST

Cards Connect

Fri, May 29, June 26, July 31, times TBA

Teens and young adults come together with students from the University of Louisville for social events and building relationships. Call for events.

FREE!

Best Book Club

Thu, June 4, 11, August 20, 27, 3-4:30 p.m.

Douglass Community Center.
Ages 18 and older.

FREE!

Arts and Crafts: Fun Fans

Thu, June 4, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Coffee Talk Book Club

Tue, June 9, 16, 23, 30, July 7, 14, 21, 28, August 4, 11, 18, 25, 1-2:30 p.m.

Douglass Community Center.
Ages 18 and older.

FEE: Cost of the book

*Call 456-8148 for Info

Arts and Crafts: Post Cards

Thu, June 11, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Butterfly Magnets

Thu, June 18, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Foam Bug Kits

Thu, June 25, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Flower Thermometer

Thu, June 30, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Patriot Bracelets

Thu, July 2, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Cowboy Hats

Thu, July 9, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Backpacks

Thu, July 16, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Sneaker Keyrings

Thu, July 23, 10:30-11:30 a.m.

Douglass Community Center
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Memory Scrapbook

Tue, August 4, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Color Me Koozies

Tue, August 11, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Notecards

Tue, August 18, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person

Arts and Crafts: Team Pride Pennants

Tue, August 25, 10:30-11:30 a.m.

Douglass Community Center.
Ages 18 and older.

FEE: \$5/person