

LIFEGUARD I CERTIFICATION REQUIREMENTS
DIVISION OF ENVIRONMENTAL HEALTH & EMERGENCY PREPAREDNESS
PERMIT ISSUED BY THE DIVISION IS VALID FOR ONE (1) YEAR

Persons 16 years old with no physical or mental limitations may become certified as Lifeguards in the Louisville Metro community after successfully completing the following :

What you need to do to obtain your Lifeguard I permit

SUCCESSFULLY COMPLETE THE FOLLOWING 4 COMPONENTS:

- 1. BASIC LIFEGUARD TRAINING** : American Red Cross, YMCA, Ellis & Associates International Lifeguard Training Program (ILTP), StarGuard.
- 2. FIRST AID** : American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.
- 3. PROFESSIONAL CPR for LIFEGUARDS**: American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.
- 4. GUARD COURSE** : can only be completed with the Division of Environmental Health and Emergency Preparedness Lifeguard Training and Certification Program. Register for and pass the water swim test/lecture at a local swimming pool reserved by the Division for this Guard Course.

A GUARD COURSE roster with a *Pass* or *Fail* for each participant will be forwarded to the Division by the Board of Health Lifeguard Instructor.

You must register at 574-6650 for the Guard Course (swim water test/lecture).

Once you have completed and passed the above components: Written test and permit must be obtained from the LMPHW, Division of Environmental Health and Emergency Preparedness, 400 East Gray St., 2nd Floor, Louisville, KY 40201.

Bring Quarters for the parking meter!

Know the last four digits of your Social Security number!

Hours for testing and permit processing are Mon-Fri : 8:30AM - 5:00PM.

Cut off time for starting the test is 4:00PM

Bring the following with you every time:

- **Proof of identification/age:** Driver's License or Birth Certificate and picture ID.
- **Proof of required training:** Authorized certification card(s) or approved documentation sent to the Division from your trainer/training facility.
- **All certification cards must be the original or must contain the Certification ID # to verify training.**
- **Permit fee is \$20.00** cash, credit card or check payable to: Louisville Metro Government.
- **Duplicate permit fee is \$5.00**

For Lifeguard I renewal in the following year, you must renew any expired training and pass the Division Guard Course each year (water swim test/ lecture and written test).

Class	Providers (not a complete list)	Certification Issued
<p><u>Basic Lifeguarding</u></p> <p>All applicants must have current certification in a basic lifeguarding course.</p> <p>Online classes are often referred to as “blended courses” and must have physical skill out with a certified agency instructor and documentation before it will be APPROVED!</p>	<p>American Red Cross (ARC) http://www.redcross.org/ky/louisville 502-589-4450</p> <p>Jewish Community Center http://www.jewishlouisville.org/ 502-459-0660</p> <p>Lakeside Swim Club http://www.lakesideswim.org/ 502-454-4585</p> <p>Louisville Metro Parks http://www.louisvilleky.gov/MetroParks/recreation/ 502-897-9949</p> <p>YMCA’S of Greater Louisville http://www.ymcalsouthern.org/ 1-800-872-9622</p> <p>Kentuckiana Pool Management http://kentuckiana-pmg.com/ 502-394-9759</p> <p>Ready Set Swim http://www.readyswimky.com 502-741-7627</p> <p>Ellis & Associates International Lifeguard Training Program www.kentuckykingdom.com Online only for information http://www.louisvilleky.gov/MetroParks/recreation/ 502-897-9949</p>	<p>Lifeguard/First Aid/ CPR/AED Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED Current for 2 years from date of issue</p> <p>YMCA LG/ASHI First Aid/CPR/Oxygen Current for /2yrs.-2yrs.-1yr.-2yrs.</p> <p>ARC Lifeguard/First Aid/ CPR/AED Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED Current for 2 years from date of issue</p> <p>E & A ILTP LG/First Aid/CPR/AED Course Completion Card/License/1 yr.</p> <p>E & A ILTP LG/First Aid/CPR/AED Course Completion Card/License/1 yr.</p>
<p><u>First Aid</u></p> <p>Must have Adult, Child and infant First Aid components.</p> <p>Online classes are often referred to as “blended courses and must have physical skill out with a certified agency instructor and documentation before it will be APPROVED !</p>	<p>American Red Cross http://www.redcross.org/ky/louisville 502-589-4450</p> <p>American Heart Association http://www.heart.org/HEARTORG/ 1-800-242-8721</p> <p>American Safety & Health Institute First Aid http://www.hsi.com/ 1-800-447-3177</p> <p>National Safety Council http://www.nsc.org/products_training/Pages/Home.aspx 1-800-621-7619</p> <p>Kentuckiana CPR http://www.kentuckianacpr.com/ 812-283-1281</p>	<p>Lifeguarding/First Aid/CPR/AED or Basic First Aid: Current for 2 years</p> <p>Heartsaver 1st Aid : Current for 2 years</p> <p>Basic First Aid /Basic First Aid COMBO: Current for 2 years</p> <p>NSC First Aid Adult, Infant and Child Current for 2 years</p> <p>AHA Heartsaver 1st Aid : 2 years ASHI Basic First Aid /Basic First Aid COMBO: Current for 2 years</p>
<p><u>CPR</u></p> <p>Must be a professional rescuer CPR that includes Adult, Child, and Infant CPR components Online classes : same as above</p>	<p>American Red Cross http://www.redcross.org/ky/louisville 502-589-4450</p> <p>American Heart Association http://www.heart.org/HEARTORG/ 1-800-242-8721</p> <p>American Safety & Health Institute First Aid http://www.hsi.com/ 1-800-447-3177</p> <p>National Safety Council http://www.nsc.org/products_training/Pages/Home.aspx 1-800-621-7619</p> <p>Kentuckiana CPR http://www.kentuckianacpr.com/ 812-283-1281</p>	<p>CPR/AED for Lifeguards/Healthcare Current for 2 years from date of issue</p> <p>Basic Life Support Healthcare Provider Current for 2 years from date of issue</p> <p>CPR Pro for Professional Rescuers Current for 2 years from date of issue</p> <p>BLS Healthcare & Professional Rescuer Current for 2 years from date of issue</p> <p>AHA BLS Healthcare Provider or ASHI CPR Pro for Professional Rescuers : 2 yrs</p>
<p><u>Board of Health (BOH) Guard Course : 2 parts</u> Swim test/lecture/written test</p>	<p>Louisville Metro Department of Public Health and Wellness Division of Environmental Health and Emergency Preparedness 400 East Gray St. Louisville KY 40201 You must register for this course : 502-574-6650</p>	<p>You must take the BOH Guard course water swim test/lecture and written test every year to obtain a Lifeguard I permit.</p>